



مدرسة هارتفورد الأمريكية  
HARTFORD AMERICAN SCHOOL



# Safeguarding Our Children Parents' Guide

Together, we keep our  
children safe!

Dear Parents ,

Your child's safety is our priority. This guide will provide tips to help protect our children both in and out of school.

## What is Safeguarding?

Safeguarding, means making sure people are safe from harm. Parents should follow the guidelines below for their children's protection.



## Child Safety at Home

1. Encourage your child to speak up about any worries.
2. Know where your child is at all times and who they're spending time with.
3. Teach children to speak to a trusted adult if something doesn't feel right



## Online & Stranger Safety

1. Monitor online activity and set screen time limits.
2. Teach children to use safe, age-appropriate websites and apps.



3. Remind them not to share personal information online.



4. Teach kids to avoid talking to strangers and to always check with parents before going anywhere.